

## Learning guide: Using a computer

This session features online learning using Learn My Way.

### Resources

- A device with internet access.
- A Learn My Way account ([learnmyway.com](https://learnmyway.com)).

### Learn

- The main parts of a computer and how they work.
- The different parts of a computer.
- How to change the settings of a computer to make it easier to use.

### Do

- Navigate to the Learn My Way subject **Using your device**.
- Complete the following topics:
  - **Parts of a computer**
  - **Turning computers on and off**
  - **Using programs and managing files**
  - **Solving simple computer problems**
  - **Sitting comfortably when using a computer**

### Reflect

- Can you remember key information? e.g. turn the computer on/off or open a program?
- Would you be able to show someone else how to do it?

### Next steps

- Complete the other topics in the **Using your device** subject.